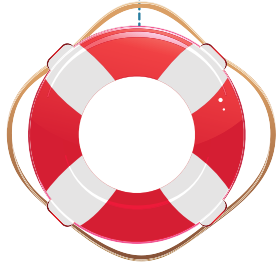


Economic Impact Report Help Center, Inc.

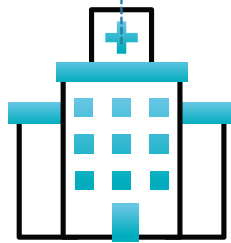
and partners

invest \$1.2 million in our programs



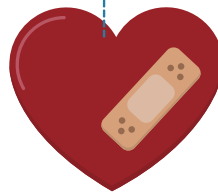
Preventing Suicide Death

One prevented suicide death in Montana saves an average of \$1.1m in medical expenses & work lost. We work to prevent suicide death through screening & referral, community gatekeeper training and evidence based suicide intervention programming.



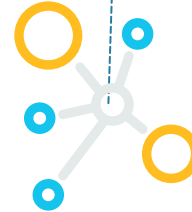
Averting ER usage and hospitalization

Averted hospitalization for self harm saves \$31k in medical expenses and work lost. An ER visit saves \$4.5k. Help Center diverts unnecessary usage of the medical system by stabilizing suicidal individuals over the phone and diverting them to community resources.



Mitigating impact of trauma on survivors of violence and neglect

Trauma experienced in either adulthood or childhood, if left unmitigated, can have long term physical, mental and emotional consequences. Those consequences have real costs, not only socially & personally, but also in terms of community economic health. Survivors of crime receive highly personalized crisis intervention and emotional support services through all of our programs, aimed at reducing the long term effects of trauma.



Coordinating community services

We spend thousands of hours every year engaging with community partners to help build efficient crisis systems and keep our resources accurate and up to date.



Reducing severity of anxiety and depression

Relief from anxiety and depression results in higher productivity, less absenteeism, higher incomes and better physical health. Counselors use trauma informed, evidenced based practices to treat & manage these debilitating conditions.

For every **\$1** invested



we produce **\$157** in direct & social impact

\$187,443,513

annually in economic & social benefits

The economic impact analysis performed by Northern Rocky Mountain Economic Development District with funding support from Northwestern Energy, 2019

